

15h00-15h45	25 fly	25 fly	25 bk	25 bk	50 bk	50bk	25 br	25 br	50 br	50 br	25 cr	25 cr	50 cr	50 cr
	Prev	NOW	Prev	NOW	Prev	NOW	Prev	NOW	Prev	NOW	Prev	NOW	Prev	NOW
Abigail van Sittert	34.56	36.51	30.16	31.58	1.03	1.21	35.53	37.7	1.09	1.23	26.08	24.17	1.04	57.15
Adam Soldati														
Adel Muluh	39.81	31.42	40.15	34.89		1.22	46.67	51.55	1.56	1.58	31.28	32.11	1.32	1.23
Alex Arendse	43.99	42.3	34.86	44.45		1.37	47.62	45.97	1.45	1.46	29.92		1.19	1.12
Alexa Heldsinger	41.16	37.03	28.37	26.95	1.07	1.03	36.30	32.83	1.17	1.16	28.30	27.3	1.09	1.03
Amaris Muluh	33.35	35.44	34.58	35.73	1.31	1.24	46.96	39.7	1.51	1.32	29.45	30.18	1.15	1.13
Amelia Fury	28.35	28.21	27.75	27.11	1.01	1.02	31.60	29.96	1.11	1.04	20.94	21.7	51.89	51.77
Benjamin Brandon	43.04	39.04	35.62	37.5	1.22		48.61	46.91	1.28	1.42	31.14	31.00	1.06	1.03
Chloe White	32.31		30.64	29.8	1.26	1.14	34.37	31.25	1.14	1.13	26.38		1.04	
Clive DDamurila	32.06		38.63		1.23		49.20		1.56		25.64		1.06	
Connor Fincham	39.09	30.53	38.90	37.64	1.14	1.19	36.50	35.02	1.23	1.18	26.11	27.35	1.15	1.11
Connor Heywood	32.61	28.27	27.47	26.68	1.06	1.01	43.78	36.33	1.30	1.25	27.37	21.99	1.00	51.51
Ella Steenkamp	40.46	29.7	36.29	26.52	1.12	59.75	50.93	38.98	1.35	1.28	28.87	25.8	1.01	58.21
Erin Barbour	36.69	33.46	30.26	27.56	1.15	1.03	33.85	30.61	1.08	1.06	25.38	24.48	1.00	57.36
Gemma Blackburn		38.2		29.27		1.04		36.9		1.23		27.58		1.05
Hadley Hunter	34.29	33.88	27.20	27.08	1.08	1.07	29.39	29.73	1.09	1.08	23.21	24.72	58.00	58.79
Hamaad Mayet	41.26		35.90		1.28		45.75		1.56		33.73		1.21	
Hunter Girling												21.54		54.27
Jack Hansen	48.67		42.62				51.56		1.55					
Jaime Smit	33.69	32.1	32.28	29.63	1.10	1.04	34.43	33.53	1.09	1.08	23.74	22.8	1.04	1.01
James Ciolli		31.15		28.67		1.07		33.51		1.13		26.82		1.00
James Gove	37.47	37.29	37.97	27.91	1.17	1.05	39.09	35.72	1.32	1.17	27.95	27.01	1.13	1.01

Jamie Volkaert	48.42		43.28				34.08		1.41		36.39		1.38	
Jean-Luc Thorndike	40.51	32.7	40.91	29.76	1.12	1.1	36.61	34.42	1.10	1.22	29.00	25.77	1.05	1.04
Jesse Arendse	34.96		29.74		1.14		38.00		1.28		22.47		54.91	
Jessica Collins	32.25	26.09	29.14	25.3	1.03	1.00	33.23	28.29	1.17	1.1	23.96	23.35	56.01	54.71
Jiya Mahabeer	40.17		39.92		1.28		38.10	36.00	1.24	1.15	34.63	34.14	1.19	1.13
Josh Mafunda	36.99	32.11	35.61	34.11	1.25	1.16	34.83	31.38	1.17	1.16	23.33	22.99	56.75	59.31
Juno Shillington	36.28	35.49	28.86	28.2	1.09	1.03	49.06	39.57	1.34	1.30	26.33	26.08	58.48	56.65
Katinka Lowther	34.05	35.64	36.78		1.19		47.19	36.07	1.34	1.24	38.42		1.09	
Laila Haralambous	32.91		31.85		1.17		36.60	38.26	1.26	1.18	26.37	25.44	1.06	1.02
Leo Nortje-Skillicorn	31.50	29.75	29.31	29.12	1.15	1.15	33.70	30.94	1.27	1.14	20.61	22.15	49.96	59.97
Liah Van Zyl		39.51		27.8		1.04		44.52		1.31		26.76		1.09
Lily Costa	28.91	31.63	26.91	27.69	1.05	1.04	43.44	37.04	1.26	1.25	25.51	26.33	1.00	1.05
Mary Baker	33.29		32.26	32.37	1.11	1.11	40.93	40.35	1.29	1.29	29.38		50.14	
Max van Heerden	48.73	44.27	37.30	31.92		1.31	39.86	38.92	1.48	1.24	32.04	28.91	1.38	1.27
Michaela van Lienden	38.34	38.07	35.79	33.82	1.18	1.15	43.39	43.02	1.32	1.21	27.63	26.19	1.16	1.08
Mohale Thlali	36.98		30.76	38.48	1.15	1.18	42.39	41.92	1.28	1.34	27.77		1.09	
Molly Henry	37.36	32.56		29.23	1.12	1.07	36.87	36.33		1.22	29.03	25.00		1.08
Oliver Vickers	34.31	33.62	36.33	30.13	1.13	1.04	36.44	32.61	1.28	1.20	27.38	25.50	1.14	1.05
Olivia Mundy	32.86	32.25	32.70	29.66	1.15	1.08	41.59	39.73	1.34	1.21	32.42	26.83	1.06	58.74
Pippa Calow	34.61	32.99	29.04	29.02	1.17	1.12	39.57	37.49	1.23	1.22	26.93	26.73	1.08	1.04
Razeenah Karbelkar	55.44	58.69	49.71	43.69	1.35	1.37	49.60	51.66	2.13	1.53	42.69	45.61	1.54	1.51
Riley Barkhuizen														
Robyn Spilhaus	39.85	31.29	29.17	27.59	1.08	1.01	39.42	36.47	1.33	1.15	24.01	23.73	51.00	53.9
Ross Thomson		33.73		34.05		1.18						27.89		1.09

